

# Summer Healthcare Resource Guide:

Where you can go when your school is closed and after graduation.

For additional resources: <https://866teenlink.org/>

Feel free to do a web search for the organizations below.



## Emergency and Crisis Care

NAME	NUMBER
Emergency Number*	911
<a href="#">Crisis Connections</a> *	(866) 4CRISIS
<a href="#">Crisis Textline</a> * text home to	741741
<a href="#">King County Sexual Assault</a>	(888) 99VOICE
<a href="#">National Domestic violence hotline</a>	(800) 799-7233
<a href="#">Safe Place</a> *	(800) 422-TEEN
<a href="#">Seattle Al-Anon</a> *Alcohol/Drug	(206) 625-0000
<a href="#">Seattle YMCA - Accelerator</a>	(206) 382-5013
<a href="#">Trans Lifeline</a>	(877) 565-8860
*24 hour resource	

## Physical Health\*

NAME	NUMBER
<a href="#">Alliance of People w Disabilities</a>	(206) 545-7055
<a href="#">AppleCare</a> (free/reduced healthcare)	(877) 501-2233
<a href="#">International Community Health Services</a>	(206) 788-3700
<a href="#">Kaiser Permanente</a>	(888) 901-4636
<a href="#">King County Downtown Clinic</a>	(206) 477-8300
<a href="#">Neighborcare Youth Clinic</a>	(206) 548-5710
<a href="#">Odessa Brown Youth Clinic</a>	(206) 987-7210
<a href="#">Seattle Children's Adolescent Clinic</a>	(206) 987-2028
<a href="#">Swedish Health Services</a>	(800) SWEDISH
<a href="#">Teen Clinic – King County</a>	(206) 477-8300

## Sexual Health/LGBTQ+\*

NAME	NUMBER
<a href="#">All Options</a>	(888) 493-0092
<a href="#">Cedar River Clinics</a>	(425) 255-4071
<a href="#">Harborview STD Clinic</a>	(206) 744-3590
<a href="#">Kaiser Teen Clinic</a>	(206) 326-2656
<a href="#">Open Adoption and Family Services</a>	(800) 772-1115
<a href="#">Planned Parenthood</a>	(800)769-0045
<a href="#">Gay City</a> (LGBTQ+)	(206) 323-LGBT
<a href="#">Lambert House</a> (LGBTQ+)	(206) 322-2515
<a href="#">Lifelong</a> (LGBTQ+)	(206) 957-1600
<a href="#">NW Network Survivors of Abuse</a> (LGBTQ+)	(206) 568-7777

## Food and Housing

NAME	NUMBER
<a href="#">Accelerator YMCA support</a>	(206) 382.5013
<a href="#">Free food nearby text food to</a>	877877
<a href="#">Friends of Youth</a> *	(206) 236-KIDS
<a href="#">Parks &amp; Rec Food Program</a>	(206) 386-1140
<a href="#">Seattle Indian</a>	(206) 329-8700
<a href="#">Teen Feed</a> (free dinner every night)	(206) 229-0813
<a href="#">Wellspring Family Services</a>	(206) 826-3050
<a href="#">YMCA Greater Seattle</a>	(206) 749-7550
<a href="#">Youthcare</a> *	(800) 495-7802
* 24 hour resource	

## Mental Health Services\*

NAME	NUMBER
<a href="#">Asian Counseling Referral Services</a>	(206) 695-7600
<a href="#">Catholic Community Services</a>	(206) 328-5774
<a href="#">Consejo Counseling &amp; Referral</a>	(206) 461-4880
<a href="#">Kaiser Adolescent Center</a>	(425) 562-1350
<a href="#">Navos / Ruth Dykeman Services</a>	(206) 248-8226
<a href="#">Sea Mar Behavioral Health</a>	(206) 965-1055
<a href="#">SE Youth and Family Services</a>	(206) 721-5542
<a href="#">Sound Mental Health</a>	(206) 302-2300
<a href="#">SW Youth and Family Services</a>	(206) 937-7680
<a href="#">THS Youth and Family Services</a>	(206) 322-7676

## Summer Activities

NAME	NUMBER
<a href="#">Arts Corps</a>	(206) 722-5440
<a href="#">Bikeworks</a>	(206) 695-2522
<a href="#">Boys/Girls Club King County</a>	(206) 436-1800
<a href="#">Farmers Markets</a>	(206) 547-2278
<a href="#">Garfield Teen Life Center</a>	(206) 684-4550
<a href="#">Job Corps</a>	(206) 622-6593
<a href="#">Powerful Voices - Girl Justice</a>	(206) 860-1026
<a href="#">Seattle Parks/Rec</a>	(206) 684-4075
<a href="#">YMCA of Greater Seattle</a>	(206) 899-6344
<a href="#">Young Women Empowered</a>	(206) 519-2426
<a href="#">Youth In Focus</a>	(206) 723-1479

Most hours are 9am-5pm Monday to Friday, staff may answer the phone as early as 8:30 and stay as late as 6.

Most services have a policy that they will not turn anyone away while open, with fees on sliding scale (free/low-cost).

Often times parent/guardian consent is not required for confidential services, feel free to ask the provider.

\*You may want to mention if you currently get your services through a School-Based Health Center

For additional resources: <https://866teenlink.org/> and feel free to do a web search for these organizations.